#### Fall 2012

## South Carolina AHEConnects

Connecting Students to Careers, Professionals to Communities, and Communities to Better Health

## Serving Those Who Have Served: Educating Community Healthcare Providers Working With Service Members, Veterans and Their Families

Bennie Pettit, Upstate AHEC, Education Consultant



On Wednesday, July 25, 2012, 66 civilian healthcare professionals attended "Serving Those Who Have Served: Educating Community Healthcare Providers Working With Service Members, Veterans and Their Families" at the Village at Pelham Medical Office Building, Greer, SC. Upstate AHEC provided this continuing education opportunity in a broad effort to offer additional help to veterans of the conflicts in Iraq and Afghanistan. The course was designed for civilian licensed mental health providers including primary care providers, psychologists, social workers, psychiatrists, licensed nurses, marriage and family therapists, and all other healthcare professionals who provide services to military personnel, veterans, and their families.

The purpose of the program was to increase knowledge, and improve practice for civilian healthcare professionals as it relates to behavioral/mental health issues and the military culture

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#### Bench 2 Bedside: Bridging the Gap to Health Professions Education in South Carolina

The South Carolina AHEC Health Careers Program consistently strives to prepare minority and underserved students for admission to the health professions pipeline of South Carolina. Current programming provides a variety of educational, developmental and mentoring activities to support the long-term academic success of program participants. Historically, programs have focused primarily on students enrolled at the secondary level. In response to the need to address existing gaps in the retention rates of HCP students at the undergraduate level, AHEC successfully secured an award from The Duke Endowment to fund the Bench 2 Bedside Initiative.

The Bench 2 Bedside Initiative has been created to support an increase in the number of applications and the acceptance rates of Under Represented Minorities (URM) students to healthcare professions education programs. SC AHEC and several undergraduate colleges in South Carolina are collaborating to provide an interactive, intercollegiate seminar series starting in the fall of 2012. Bench 2 Bedside Participants can:

- Ensure that their academic choices include the courses required for admission and success in health career training programs
- Network with MUSC faculty, staff, and students
- Learn about immersion programs that can jump-start their healthcare careers
- Participate in unique didactic and case-based programming via an on-campus teleconferencing network



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of veterans, service members, and their families. A secondary goal was to increase access to culturally competent care for veterans, service members and their families.

Presenters were Sargent Gabe Henderson, Corporal Nathan Moore, Stacey Good, LISW-CP, Lynda Cox, PsyD, and Major Charlie Hall. Sgt. Henderson and Corp. Moore provided a Boots on the Ground presentation that described some experiences a deployed service member may encounter as he or she travels into harm's way to defend our country, our way of life, and our constitution. Major Hall discussed ways to apply military cultural competency to the care of veterans, service members, and their families. Dr. Cox presented mental and behavioral health issues of veterans, service members and their families. Ms. Good provided local resources available to service members and their families.



The following are some participant quotes from the program evaluations:

- Very helpful to have actual veterans speak. Great offering-thank you very much.
- Great program! I think that this course should continue in order to educate medical professionals to be prepared to care for the rising population of veterans.
- Thank you for offering this class. It was very helpful to understanding military veterans' needs.
- Thank you for this moving and informative program. This session was most informative and enjoyable.
- Keep finding such quality speakers. Very good course -

very appropriate and timely!

Upstate AHEC was pleased to partner with the National AHEC Organization (NAO) Health Resources and Services Administration (HRSA) and the Greenville Veterans Administration Outpatient Clinic on this Veterans Mental Health Project.

Plans are underway to repeat the program later in the year. For additional information, contact Upstate AHEC at 864-349-1160.

#### The South Carolina AHEC Resident Scholarship Symposium

The annual South Carolina AHEC Resident Scholarship Symposium was held in conjunction with the South Carolina Academy of Family Physicians' Annual Meeting on June 10 and 11, 2012 in Pawleys Island.

On June 10, a Chief Residents' Seminar was held for physicians who will be Chief Residents during the 2012-13 academic year. Franklin Medio, PhD, who is with Consulting Services for the Health Professions, conducted the session. The agenda included workshops on "Developing Your Individual Leadership Style: How to Put Six Leadership Actions into Practice" and "The Resident as TEAM LEADER Model: An Effective

Approach to Integrating Teaching and Patient Care."
That night the South Carolina AHEC Family Medicine
Residency Program Directors sponsored a dessert
reception for residents, the South Carolina Academy of
Family Physicians' Board, and their families.

On June 11, 16 scholarly presentations on research and *Continued on Page 3...* 

South Carolina Area Health Education Consortium

Executive Director
David R. Garr, MD

South Carolina AHEConnects Editor
Jessica Huggins, BA

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quality improvement projects were presented by residents. Robert McDonald, MD, Director at the Spartanburg Regional Family Medicine Residency Program, was the Moderator for the Symposium. The distinguished panel of judges for the Symposium included Stoney Abercrombie, MD, Director of the AnMed Health Family Medicine Residency Program; Mark Godenick, MD, MUSC AHEC Associate Professor at the Spartanburg Regional Family Medicine Residency Program; and Andrea Wessell, PharmD, Research Associate Professor at the Trident/MUSC Family Medicine Residency Program.



The residents' presentations were well attended by Academy members who asked residents thought provoking questions and discussed how these projects might translate into practice. A luncheon sponsored by the South Carolina Academy of Family Physicians provided residents and Academy members with additional opportunities to interact.

After the Symposium, awards and cash prizes were presented to the following winners:

First Place (\$300.00) – Basic Research

Lars E. Peterson, MD, PhD

Trident/MUSC Family Medicine Residency Program

Recent Family Medicine Graduates' Perceptions of Resident Duty Hour Restrictions

#### Second Place (\$150.00) – Basic Research

Wayne Davis Jr., MD, Jeffery Swartz, MD, Chae Ko, MD, Thomas Rorabaugh, BS, and Brent Johnson, MS Greenville Hospital System Family Medicine Residency Program Decreasing BMIs of Obese Patients Aged 18-60 Using a Personal Trainer in the Family Medicine Office

Third Place (\$100.00) – Basic Research
Rebecca Alsip, DO and Jill Williams, MD
Spartanburg Regional Family Medicine Residency Program
Does Strict Blood Glucose Control Decrease Length of Stay Among Non-Critically III Patients?

First Place (\$300.00) - Quality Improvement
Ryan Simonak, DO and Tiffani Jepson, MD
Trident/MUSC Family Medicine Residency Program
A Multi-Method Quality Improvement Initiative in Chronic Pain Management

Second Place (\$150.00) – Quality Improvement

Mark E. Shaffer, MD

Palmetto Health Family Medicine Residency Program

Recognition of Pediatric Weight Disorders at the USC Family Medicine Center

Third Place (\$100.00) – Quality Improvement

Benjamin R. Hess, MD and Kristin M. Gore, MD

AnMed Health Family Medicine Residency Program

Lost Revenue: Analysis of Coding Errors in a Community-Based Family Medicine Residency Program

If you have any questions or seek additional information about the Symposium, please contact Kristin Cochran, Director, AHEC Recruitment and Student Programs at (843) 792-6977 or email her at cochrak@musc.edu.

#### **AHECs in the Changing Healthcare Landscape: NAO Conference 2012**

Jessica Huggins, Information Resource Coordinator, South Carolina AHEC

San Antonio, Texas was home to the 2012 NAO Conference during the week of July 29<sup>th</sup>-August 2nd. In tune with the ever-changing world of healthcare, this year's theme was "AHECs in the Changing Healthcare Landscape." The conference provided dynamic keynote speakers including journalist T.R. Reid; policymaker Eduardo Sanchez, MD, MPH; and humorist Brad Nieder, MD. The week consisted of plenary sessions, over 100 concurrent breakout sessions, poster sessions, awards of excellence, pre-conference sessions, new directors orientation, and the National AHEC Organization business meeting. The Palmetto State was well represented with 13 members of our AHEC staff presenting to over 600 people. Congratulations to all who presented!

#### Technology and Access: Evolving Models of Education and Care

Ragan DuBose-Morris and Jessica Huggins

#### The Centrality of Healthcare Workforce Research to the AHEC Mission

Linda Lacey

The Future is Now: Web-Based Continuing Education Programs for Healthcare Professionals

Fay Brown

Patient Centered Medical Homes and Interprofessional Collaborative Practice:

Results from Statewide Survey of AHEC Preceptors

David Garr, Linda Lacey, and Diane Mathews

South Carolina's AHEC Data Collection Journey

Steve Boulanger

Planning and Implementing an Annual Interprofessional Primary Care Week Program

Kristin Cochran and David Garr

The AHEC-Public Health Partnership: Improving the Health of Populations

David Garr

The South Carolina Health Careers Program: Using Technology to Create Innovative Experience for High School Students

Natasha Chatman, Angelica Christie, Erica Davis, LaToya Dodson, and Cheri Plyer

Partners in the Workforce Investment Act's Youth Program to Enhance the Healthcare Pipeline

Natasha Chatman and LaToya Dodson

Continued from Page 1...Bench 2 Bedside

Utilizing state of the art video conferencing equipment, a statewide interactive intercollegiate Student Seminar Series will be conducted throughout the academic year. The series will be comprised of three components: professional and personal development, healthcare research topics, and Socratic inquiry and debate. The Bench 2 Bedside partnering institutions of Claflin, Coastal Carolina, College of Charleston, Winthrop, and Clemson along with the regional AHEC Centers will serve as host sites for the series.

The seminar schedule can be found at http://scahec.net. Pre-registration is required. Follow @Bench2Bedside on Twitter© for additional information and updates.

### 2012 State Wide Recruiting Trip to Kansas City

June LeCroy Family Medicine Residency Program Coordinator Seneca Lakes Family Medicine Residency Program

The American Academy of Family Physicians' National Conference for Students and Residents was held on July 26-28, 2012 in Kansas City. This annual conference affords family medicine residents and medical students an opportunity to learn more about residency

programs, attend conferences, and participate in several hands-on learning opportunities. Conference focus areas included Transitioning into Practice, Musculoskeletal Clinics, and Procedural Skills Courses.

Throughout the conference, all eight family medicine residency programs from South Carolina stayed busy at the recruiting booth meeting medical

students and explaining to them the benefits of completing residency training in South Carolina. A total of 134 medical students from around the country visited the booth and were eager to learn more about both our state and the residency programs. Each student was given a chance to register for an iPad imprinted with South Carolina Family Medicine Residency Programs. A second year medical student from Vanderbilt University was the lucky winner.

In closing, this year's conference was a success for each South Carolina family medicine residency program and for the residents and students who attended. Special thanks to Kristin Cochran from the Recruitment and

Retention Program at South Carolina AHEC and Shannon Mewborn, Program Coordinator for the Palmetto **Health Family** Medicine Residency Program, for their help in the planning and organization of this year's event!

For more information about South Carolina AHEC's Family Medicine

Residency Programs, visit www.scahec.net, select Health Professionals, and then Graduate Medical Education.





## Interested in Learning More About South Carolina ALEC Lealth Careers Programs?

Complete an information request form online at <a href="https://www.scahec.net">www.scahec.net</a>. Information will be sent to you for any of our programs.

Programs Include: Health Careers Academy, Summer Institute & Summer Health Careers Academy

Look For Us On Facebook: www.facebook.com/ healthcareers

Contact Us Online: www.scahec.net

#### **Total Joint Arthroplasty...Solutions for Today's Active Patients**

Kay Lambert, BSN, RN, Pee Dee AHEC

Pee Dee AHEC and Conway Medical Center partnered to provide information on new trends and practices in total joint arthroplasty for the younger, active patients on June 1, 2012 at Conway Medical Center Auditorium. Ann Vennell, Director of the Joint Replacement Program in Conway, SC, was the facilitator in obtaining the recording of these surgeries and coordination of training. Sixty participants including physical therapists, occupational therapists, case managers, licensed nurses and other healthcare providers who care for orthopedic patients attended the daylong program.

Dr. Peter Ramsey and Dr. C. Curtis Elliott, orthopedic surgeons with Coastal Orthopedics in Conway, South Carolina, provided narration and lecture on two previously recorded surgeries, i.e., total knee arthroplasty and a direct anterior total hip arthroplasty. Every step of the surgery was explained with on point questions.

The program addressed state of the art implant technologies, multi-modal pain management, total shoulder arthroplasty, current strategies for preventing post-operative complications, common discharge protocols, and current literature on outcomes and benchmarks. A multi-disciplinary health professionals panel also discussed new trends in their respective areas from the pre-operative care to rehabilitation.

"We loved having the opportunity to partner with Pee Dee AHEC to share some of the new practices in total joint arthroplasty," said Ann Vennell, Director of Joint Replacement at Conway Medical Center. It's so important for healthcare providers to be able to stay current and to have the opportunity to have shared dialogue about best practices. We hope this conference will be the first of many to come."

#### Rebecca S. Seignious Family Medicine Interest Day

The 23rd Annual Rebecca S. Seignious Family Medicine Interest Day was held on August 25, 2012 at the Embassy Suites in Columbia, South Carolina. The Statewide Family Practice Residency Directors, the South Carolina Area Health Education Consortium (AHEC), and the South Carolina Academy of Family Physicians (SCAFP) sponsor this event. The purpose of this program is to stimulate interest and enthusiasm in the field of Family Medicine.

Eighty-eight medical students from 15 medical schools attended the Interest Day. Members of the Academy attended the opening luncheon to talk with the students and to answer any questions they had about Family Medicine. Academy representatives attending this year were: Lori Carnsew, MD, President-Elect; Tan Platt, MD, Delegate to the American Academy of Family Physicians; Ashley Harte, MD, Board Member; and Paquita Turner, Executive Vice President. All of these Academy representatives are true champions for Family Medicine in South Carolina!

After lunch, each student selected four hands-on workshops conducted by South Carolina AHEC's eight Family Medicine Residency Training Programs' faculty and residents. The hands-on workshops included:

GYN Procedures - Anderson
Joint Injections - Charleston
Delivery and Infant Care Simulation - Columbia
Endoscopy/Colonoscopy - Florence
Basic Suturing Techniques - Greenville
Casting - Greenwood
Wilderness Medicine - Seneca
Vasectomy - Spartanburg

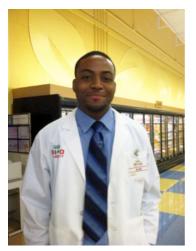
After the hands-on workshops, medical students attended a recruiting fair where South Carolina's eight programs and five out of state programs discussed their respective residencies with the students in the hopes of recruiting them into their residency programs.

For additional information, please contact Kristin Cochran, Director, AHEC Recruitment and Student Programs at (843) 792-6977 or email her at cochrak@musc.edu.

#### **Upstate High School Senior Receives Opportunity of a Lifetime**

Latoya Dodson, Upstate AHEC Health Careers Coordinator

Alexander (Alex) Odumakinde enjoys writing poetry, listening to music, and playing sports. Alex is very poised, intelligent, and a self-described "Wordsmith." His personality exudes self-confidence and a sincere



concern for his peers and those in need. Alex is an articulate young man whose presence allows him the ability to walk into a room and gain immediate respect from all by capturing his audiences' attention through his public speaking abilities.

It is not surprising that Alex was nominated to represent the Upstate as regional Student of the Year. While at the 2012 SC AHEC Health Careers Summer Institute, participants from across the state voted Alex as SC AHEC Health Careers Program Role Model of the Year. In addition to begin chosen as the Role Model of the Year, Alex was recognized as the *SC AHEC Student of the Year*.

Alex's aspiring career goal is to become a Pharmacist. In June, Alex successfully met the requirements to receive his Pharmacy Technician Certification. In the absence of the Pharmacy track of the 2012 Health Careers Academy, at MUSC, Alex was offered the opportunity to gain

experience in a community pharmacy this summer through a paid internship program through the South Carolina School of Pharmacy, MUSC campus. This experience allowed Alex the opportunity to spend a month in a community pharmacy receiving 160 hours of hands-on experience.

Alex will be attending University of South Carolina in the Pre Pharmacy program in August.



# South Carolina AHEC has a new look!

Check out our new and improved website at: http://scahec.net

#### 2011 Governor's Cup Road Race



As part of their service learning project, Mid-Carolina AHEC Health Careers Academy (HCA) students helped with the organization of the 2011 Lexington Medical Center Governor's Cup Road Race on Saturday, November 5, 2011. Over 1,500 runners gathered from around the state. The HCA students arrived at the South Carolina State House at 6am to set up signs for the Half Marathon, 8K and 4-Mile race. The students also ran the Kids' Run Zone. The runners ran four loops equaling one

mile in between Pendleton and Sumter Streets as the students cheered them on during the cold and frosty morning. The students did a marvelous job encouraging the runners to

finish. Their gracious attitude and leadership led us to a successful event.

Jennifer Covington, Assistant Director of 2011 Governor's Cup, stated "It was a pleasure to have the HCA team help contribute to the success of the Governor's Cup Kids' Run by helping it run as smoothly as it did."



From the Left: Gabrielle Smith, Vernese Bryant, Jasmine Johnson

Mid-Carolina AHEC Director, Cheri Plyler, and Health Careers Program Coordinator, Erica Davis, would like to thank the Health Careers Academy students for their dedication, hard work, and willingness to give their time to enrich lives within their community.

#### **Mid-Carolina AHEC Round Up**

#### **Health Professions Students**

In preparation for the Interprofessional Service Learning Project/Junior Doctors of Health (ISLP/JDOH) sessions scheduled for 2012-2013, Mid-Carolina AHEC HPS Coordinator Jeff Cauthen spoke on Friday, April 13th 2012 to hopeful participants at the South Carolina College of Pharmacy USC Campus (SCCP). Dr. Amy Grant requested this presentation so that all SCCP students will be aware of ISLP should they be contacted directly about participating. Mid-Carolina AHEC staff also met with Karen McGee, the South Carolina College of Pharmacy experiential learning point of contact, on June 13th, 2012 at the Columbia campus. This meeting also helped to plan ongoing collaborative efforts for SCCP students with the assistance of Jennifer Baker, who will be replacing Dr. Grant.

#### **Mid-Carolina AHEC Continuing Education**

Mid-Carolina AHEC is excited about our first Social Work Conference that will be held in Columbia on November 30, 2012. We will have three different speakers and participants will be able to earn up to seven contact hours of social work credit.

Mid-Carolina AHEC has thirty continuing education (CE) classes currently scheduled through December 2012. We are continuing our efforts to provide additional CE opportunities via SCHOOLS and AHEC U. Our programs cover a variety of disciplines including physical, occupational, speech, and respiratory therapists, surgical technologists, pharmacy techs, nurses, and social workers.

Mid-Carolina AHEC continues to provide a co-sponsor service for educational programs. We will be co-sponsoring the 19th Annual SC/NC Perinatal Conference on September 30 – October 2, 2012 in Myrtle Beach and the 29th Annual HIV/STD Conference on October 24 – 25, 2012 in Columbia. For additional information about upcoming programs, please visit http://www.midcarolinaahec.org.

#### SC AHEC 2012 Summer Institute: What an Amazing Experience

Emily-Grace Singletary, Pee Dee AHEC HCP Student

What an amazing experience...I had the opportunity to attend the South Carolina AHEC Summer Institute along with other young people from across the great state of South Carolina. The event provided students

with educational awareness to various topics in the medical field. Students were able to enhance their knowledge and participate through meaningful activities and discussions. The Summer Institute was also a great opportunity to network, build friendships, show leadership, and gain teambuilding skills. I hope the program is available again in the future. It really gave me additional insights that I would never have been able to receive if it had not been for South Carolina AHEC. I had an awesome time and it was worth getting up extra early to start something new. A special thanks to the



2012 South Carolina AHEC Health Careers Summer Institute

South Carolina AHEC directors, coordinators, staff and to South Carolina State University.

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View a variety of programs at a location near you. You will be able to interact with nationally recognized experts, track your own CE credit, and register online, all at your own convenience!







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For enduring programs, visit the AHEC U website at ahecu.org.

#### 2012 South Carolina AHEC Health Careers Academy

Not many college students are willing to exchange the early relaxing days of summer for hours in the classroom learning about the health disparities in South Carolina. The same could be said for students spending time in the library learning how to conduct effective literature searches for the review of research or working laboriously throughout the evening with perfect strangers to develop research-based oral and poster presentations. However, 39 undergraduate students spent the week of June 3 – 8, 2012 as South Carolina AHEC Summer Careers Academy Fellows doing all of the above.



Since 2004, the Summer Careers Academy has provided the opportunity for college students who are pursuing careers in healthcare to participate in the health professions education immersion program. Participants are selected through a highly competitive application process to gain entry to the Academy. The Academy is sponsored and facilitated in collaboration with the MUSC Library, Southeastern Virtual Institute for Health Equity and Wellness, and the MUSC Colleges of Dental Medicine, Health Professions, Medicine, Nursing, and Pharmacy. Activities are designed to increase the acceptance and graduation rates of underrepresented minority and disadvantaged students to the health education and training programs in South Carolina.

The success rates of the Academy are highly competitive with national averages. A large percentage of Academy Fellows (often attending during their freshman year) remain in the health professions matriculation pipeline. Graduation rates from health professions degree programs for the annual cohorts ranges from 20% - 60% (2004 – 2011).

The 2012 Academy agenda included didactic sessions on hypertension, adolescent depression, diabetes, and periodontal disease. Students attended workshops on academic admissions, composed a personal statement, conducted academic research, and participated in team building exercises, individual academic advising, mock interview appointments, and networking forums with faculty, practicing professionals, and health professions students. Clinical lab experiences and workplace observations rounded out the week. Academy fellows used topics derived from identified health disparities to develop poster and oral presentations to MUSC faculty.

In addition to the concentrated level of engagement required for successful completion of the Academy, the week offers invaluable insight to the demands of the life of students in the fields of dental medicine, medicine, nursing, pharmacy, occupational therapy, physician assisting, and physical therapy. Additionally, participants are afforded the chance to establish a support network that includes health professionals, MUSC faculty, staff and administrators, current health professions students, AHEC staff, and other pre-health professions students.

Shakwyla Middleton, 2012 Fellow and USC freshman, found the Academy to be, "the best opportunity I have experienced in my life. My decision to pursue a career in nursing was always set, but I grew a bigger passion for it which motivates me to be successful throughout school and further".

Alexandra Moriera of the College of Charleston is, "more motivated and excited to pursue a career in medicine. I appreciate this opportunity, and will apply what I learned to my career for the rest of my life". South Carolina AHEC appreciates the support of the partners and supporters of the Summer Academy. In addition to the MUSC Colleges and Departments listed earlier, the U.S. Navy, and the MUSC Office of the President also provided support.

#### **2012 Summer Academy Fellows**

Fatin Amireh	Berkeley County	Dental Fellow
James Anderson	McCormick County	Health Professions Fellow
Raven Barber	York County	Medicine Fellow
Shanikque Blackwell	Abbeville County	Medicine Fellow
Ivory Brabham	Bamberg County	Medicine Fellow
Lance Braye	Colleton County	Medicine Fellow
Queeny Brown	Richland County	Health Professions Fellow
Kristin Burgess	Richland County	Nursing Fellow
Keshaun Chisholm	Charleston County	Dental Fellow
Danielle Chong	Berkeley County	Dental Fellow
Bria Coles	Richland County	Nursing Fellow
Shanique Cooper	Richland County	Nursing Fellow
Eboni Copeland	Richland County	Health Professions Fellow
Addelyn Dobson	Lancaster County	Health Professions Fellow
Ryan Eichelberger	Berkeley County	Health Professions Fellow
Diandra Fulmore	Florence County	Medicine Fellow
Kadeidre Gaymon	Sumter County	Medicine Fellow
Darvaris Gregg	Florence County	Medicine Fellow
Runala Jaglal	Charleston County	Medicine Fellow
Jacobie McKelvey	York County	Dental Fellow
Shakwyla Middleton	Charleston County	Nursing Fellow
De'Aisha Mitchell	Charleston County	Nursing Fellow
Alexandra Moreira	Greenville County	Medicine Fellow
Disney Perkins	Darlington County	Medicine Fellow
Ronnetta Sartor	Spartanburg County	Dental Fellow
Marissa Southerland	Orangeburg County	Nursing Fellow
Kendall Suber	Richland County	Medicine Fellow
Shavon Thompson	Richland County	Nursing Fellow
Shantell Townsend	Charleston County	Medicine Fellow
Cherhara Tynes	Florence County	Nursing Fellow
Alexandra Vancea	Berkeley County	Nursing Fellow
Taylor Washington	Florence County	Health Professions Fellow
Kelsey Williams	Anderson County	Medicine Fellow

Check the South Carolina AHEC Health Careers Program Facebook© page to view 2012 Summer Academy photos.

#### **2012 Health Careers Summer Institute Invades Bulldog Country**

The South Carolina AHEC 2012 Health Careers Summer Institute invaded the "Bulldog Country" of South Carolina State University in Orangeburg, SC. The university's Department of Biological & Physical Sciences partnered in hosting 93 high school students from across the state from June 12 – 15, 2012. Participants



were provided the opportunity to explore a wide variety of health-related careers while networking with practicing health professionals. Faculty from SC State University, the Medical University of South Carolina, and the University of South Carolina, joined practicing healthcare professionals as session facilitators. Careers in the field of public health were a primary focus of the Institute as students investigated several regionally defined public health indicators.

The Summer Institute provides an opportunity for South Carolina high school students to participate in activities, academic sessions, and workshops that will assist them in:

- Identifying professions in the fields of primary care, public health, and allied health fields
- Identifying educational requirements and opportunities to support successful matriculation into health-related professions
- Strengthening career decision, communication, and interpersonal skills
- Establishing relationships with practicing professionals, health professions faculty, and other students

Participants were also involved in the planning and implementation of a service-learning project. Regional coordinators collaborated with the FBC Mission Team of Rock Hill, SC to develop and present informational

workshops regarding the ongoing needs of Haiti as a result of the 2010 earthquake. Participants gained an increased awareness of the health and educational disparities within the country of Haiti and an appreciation of the impact of missionary outreach. The participants, graduates, and partners of the South Carolina AHEC Health Careers Program collected over 400 items including toothbrushes, toothpaste, crayons, flip-flops, silly bands, and funds to provide hands-on aid in and around St. Ard, Haiti. The 2012 Summer Institute theme, "One World, Many Hands: We Can Make a Difference in Healthcare", appropriately reflected the feel of the event. This year's theme was submitted by Mia Fuller of Upstate AHEC and was selected through a competitive process.





An annual highlight of the Institute is the Leadership Banquet, which was sponsored by the MUSC Office of the President and the Southeastern Virtual Institute for Health Equity & Wellness. Conducted on the last evening of the program, the Leadership Banquet featured 2008 HCA graduate and Gates Millennium Scholar, Lauren Littlejohn, BSN, and South Carolina District 91 Representative, Lonnie Hosey. Numerous students were recognized during the awards ceremony that was sponsored by the Furman University Office of Multicultural Affairs. In addition to

acknowledging the accomplishments of the 18 Junior Scholars, 19 Scholars, and 32 Achievers who were in attendance, the staff and administrators of the South Carolina AHEC congratulates the recipients of the 2012 achievement awards:

Lowcountry AHEC Student of the Year

Mid-Carolina Student of the Year

Pee Dee AHEC Student of the Year

Upstate AHEC Student of the Year

• South Carolina AHEC Student of the Year

• Lowcountry AHEC Role Model Award

Mid-Carolina AHEC Role Model Award

Pee Dee AHEC Role Model Award

Upstate AHEC Role Model Award

Peer Role Model Award

Talent Competition

Essay Competition

SI Theme Competition

• Team Building Competition

Imani Miller

Benjamin Oliver

Lakeesha R. Kelly

Alexander Odumakinde

Alexander Odumakinde (Upstate)

**Breyanna Smalls** 

Jayla Cannon

Lakeesha Kelly

Hannah Anderson

Alexander Odumakinde (Upstate)

Mia Fuller (Upstate)

Nicholas Bruce (Pee Dee)

Mia Fuller (Upstate)

Dalphnee Lincoln (Pee Dee)

Casey Davis (Upstate)

Taurice Bussey (Upstate)

Taylor Copeland (Mid-Carolina)

Nicholas Bruce (Pee Dee)

Planning is underway for the 2013 Summer Institute. For more information about student programs available through the South Carolina AHEC, please visit www.scahec.net.

#### **South Carolina AHEC Enriches Participants' Summers**

The South Carolina AHEC summers are filled with a variety of activities to support the personal, academic, and professional growth of the future health professionals of South Carolina. Immediately following the annual Health Careers Summer Institute, the four regional AHEC sites collaborated with regional partners to facilitate internship experiences. Through an application process, students were selected to intern with a wide variety of practicing health professionals for an experiential exploration of workforce environments and responsibilities. The duration of internships generally range from 20 to 40 hours.

This summer, 18 Health Careers Program participants were awarded internship placement. The success of the regional AHEC internship program is dependent upon the generous support of healthcare professionals and health-related facilities throughout the state. South Carolina AHEC acknowledges the invaluable commitment of its partners to supporting the development of South Carolina's future health workforce. Congratulations to the 2012 interns for the successful completion of a productive summer experience. To participate in programs and activities throughout the year, visit www.scahec.net and click on the *Students* link.

#### **Lowcountry AHEC**

Shashea	Williams	Beaufort Memorial Hospital
Alicia	Green	Health South Rehabilitation Hospital
Kyrrah	Singleton	Beaufort Memorial Hospital
Janell	Berks	Beaufort Memorial Hospital
Jasmine	Berks	Beaufort Memorial Hospital
Bainta	Boston	Craig Modzelewski Dentistry
Tiphany	Boyd	Colleton Medical Center
Quwintoria	Clement	Palmetto Project
Brittany	Pennington	Hospice Care of South Carolina
Jasmine	Green	Hampton Regional Medical Center
KaDetria	Gordon	Hampton Regional Medical Center
Imani	Miller	Beaufort Memorial Hospital
Laura	Burroughs	Franklin Fetter Family Health Center

#### **Mid-Carolina AHEC**

Hannah	Barker	Providence Hospital
Kristin	Burgess	Palmetto Health & Providence Hospital
Jayla	Cannon	Providence Hospital
Margaret	Christy	Providence Hospital
Bria	Coles	Palmetto Health
Maya	Dilligard	Providence Hospital
Lauren	Gillian	Providence Hospital
Janna	Hines	McCollom Myers Mortuary
Olivia	Jabber	Free Medical Clinic
Andrea	Johnson	Providence Hospital
Benjamin	Oliver	Moore Physical Therapy & First Physical Therapy
Gabrielle	Smith	Providence Hospital

#### Pee Dee AHEC

	1		
Chanelle	Baker	Tuomey Rehabilitation Services	
Jasmine	Barnes	McLeod Children's Rehabilitation	
Angelica	Bostick	Young & Young Funeral Home	
Alexander	Clabo	Lowe's Therapy	
Josh	Cook	Amedisys Hospice	
Diandra	Fulmore	McLeod Children's Rehabilitation	
Tiara	Graves	McLeod Hospice House	
Bellania	Hales	McLeod Oncology	
Alexis	Hyde	McLeod Health	
Destinee	Johnson	Family Neck & Back Center	
Rashadah	Jordan	McLeod Hospice House	
LaKeesha	Kelley	Williams Middle School	
Ashley	King	Florence Neurosurgery & Spine	
Tatyana	Lance	Pee Dee AHEC	
Jocelyn	Leaf	Family Neck & Back Center	
Kenyatta	Lowery	McLeod Health	
Adrian	Moses	Dynamic Physical Therapy of Florence	
Alexis	Samuel	Hand Surgery Associates	
Drucilla	Self	Dentistry at Carolina Forest, Dr. McCoy	
Emily-Grace	Singletary	McLeod School of Medical Technology	
Kenya	Thomas	Care Pro Health Services	
Millicent	Vereen	Three Rivers Physical Therapy	
Taylor	Washington	McLeod Regional Medical Center	
Wanay	Williams	McLeod Orthopedics	
Imani	Wilson	McLeod Regional Medical Center	

#### **Upstate AHEC**

Eshe	Burrell	Abbeville Area Medical Center
Mia	Fuller	Upper Savannah Council on Aging
Alex	Odumakinde	New Horizon Family Health Services
Donovan	Barton	New Horizon Family Health Services
Eric	McKinney	Spartanburg Regional Healthcare System
Alexis	Tutt	Bon Secours St. Francis Health System
Allison	Bossong	Greer Memorial Hospital - Greenville Hospital System
Jorge	Jaramillo	New Horizon Family Health Services
Jazmine	Jackson	New Horizon Family Health Services
Taurice	Bussey	Village at Pelham – Spartanburg Regional Healthcare System
Brianna	Evans	National Healthcare - Anderson
Kiyanna	Todd	New Horizon Family Health Services
Whitney	Reeder	Greenville Hospital System
Jasmine	Hadden	National Healthcare - Anderson
Nateria	Harris	National Healthcare - Anderson

#### **Health Careers Program Participant Incentives Awarded**

The South Carolina AHEC Health Careers Academy is a health career exploration experience for high school students. Conducted regionally throughout the schools year, the HCA provides a series of academic based activities that demonstrate the use of communications, math, science, and soft skills to promote the successful matriculation of minority and underserved students into the health professions pipeline of South Carolina.

Academy Fellows are selected to participate in four years of programming that is designed to complement their high school academic experience. Each year's curriculum is filled with modules, activities, and experiences that demonstrate academic relevance in health professions, promote academic success, career development and personal growth. Mentoring, advising, and parental involvement are major components of the Academy. College exploration, professional networking, and group and self-directed service learning round out the Fellow's experience. Completion of the South Carolina AHEC Health Careers Academy assists in preparing participants for the academic rigors of pre-health training programs.

Participation incentives aligned with statistically defined data indicators of success are built into the Academy. Fellows completing between 20 and 59 hours of HCA activity are recognized as Academy Junior Scholars, and those completing 60 or more hours are acknowledged as Academy Scholars. Program participants who complete a minimum of 120 hours of combined HCA activity and general Health Careers Program activity attain Achiever status.

Congratulations to the 2012 HCA Junior Scholars, Scholars, and HCP Achievers in their diligence for success. Statewide there were 126 Junior Scholars, 55 Scholars, and the following 109 HCP Achievers.

#### **2012 Health Careers Program Achievers**

Region	Participant
Lowcountry AHEC	Alana Peets
Lowcountry AHEC	Alondra DeSantiago
Lowcountry AHEC	Breyanna R Smalls
Lowcountry AHEC	Elizabeth Davidson
Lowcountry AHEC	Imani S Miller
Lowcountry AHEC	Ivory S Brabham
Lowcountry AHEC	Jaylann Turkvant
Lowcountry AHEC	Jessica Itaralde
Lowcountry AHEC	Jessie Ancrum
Lowcountry AHEC	LaQuanta L Wiggins
Lowcountry AHEC	Lauren L Burroughs
Lowcountry AHEC	Serena Judge
Lowcountry AHEC	Shashea N Williams
Lowcountry AHEC	Shekinah Hampton
Lowcountry AHEC	Valerie Nicole Jarrell
Mid-Carolina AHEC	Alexandria Danielle Cook
Mid-Carolina AHEC	Alexandria Mary Elizabeth Burch
Mid-Carolina AHEC	Ana Alyssa DiMirra
Mid-Carolina AHEC	Andrea L Johnson
Mid-Carolina AHEC	Benjamin I Oliver
Mid-Carolina AHEC	Bria Monique Coles
Mid-Carolina AHEC	Chiagoziem Ogbonna
Mid-Carolina AHEC	Gabrielle A Smith
Mid-Carolina AHEC	Garrett A Wilson
Mid-Carolina AHEC	Gladys Oralia Pareja
Mid-Carolina AHEC	Hannah J Barker
Mid-Carolina AHEC	Janna E Hines
Mid-Carolina AHEC	Jasmine Dominique Johnson
Mid-Carolina AHEC	Jasmine Sandra April
Mid-Carolina AHEC	Jayla Jeree Cannon
Mid-Carolina AHEC	Kristin Brewton Burgess
Mid-Carolina AHEC	Lauren Ashley Gillian

Region	Participant
Mid-Carolina AHEC	Lynn D Hall
Mid-Carolina AHEC	Madison R Bossart
Mid-Carolina AHEC	Margaret Rose Christy
Mid-Carolina AHEC	Maya D Dilligard
Mid-Carolina AHEC	Nicholas Alexander Leonhardt
Mid-Carolina AHEC	Nicholas K Vaught
Mid-Carolina AHEC	Nyaja Monique Gooden
Mid-Carolina AHEC	Shanique M Cooper
Mid-Carolina AHEC	Summer Happy Sunshine Days
Mid-Carolina AHEC	Taylor Copeland
Mid-Carolina AHEC	Tiffany Venessa King
Mid-Carolina AHEC	Vernese Alexandria Bryant
Mid-Carolina AHEC	Victoria Nicole Leonhardt
Pee Dee AHEC	Adrian R Moses
Pee Dee AHEC	Alexis Jackson
Pee Dee AHEC	Alexis R Holloman
Pee Dee AHEC	Alexis S Hyde
Pee Dee AHEC	Alexis Shantell Samuel
Pee Dee AHEC	Amber Shanae Carter
Pee Dee AHEC	Angelica I Bostick
Pee Dee AHEC	Bodequia Fashonta Shamara Simon
Pee Dee AHEC	Christi Ja'nye Peterson
Pee Dee AHEC	Ciarra Tatianna Farrier
Pee Dee AHEC	Destinee S Johnson
Pee Dee AHEC	Diandra L Fulmore
Pee Dee AHEC	Emily-Grace Singletary
Pee Dee AHEC	Gia C McPhail
Pee Dee AHEC	Imani Elaine Wilson
Pee Dee AHEC	Jasmine Denise Johnson
Pee Dee AHEC	Jasmine J Pigatt
Pee Dee AHEC	Jasmine Sharik Barnes
Pee Dee AHEC	Jocelyn H Leaf

#### **Participant** Region Josh Elisha Cook Pee Dee AHEC Kenya Evette Thomas Pee Dee AHEC Kenyatta K Lowery Pee Dee AHEC Kimesha Y Myers Pee Dee AHEC Lacey Robinson Pee Dee AHEC LaKeesha R Kelley Pee Dee AHEC Millicent Nicole Vereen Pee Dee AHEC **Nasia Ave Singletary** Pee Dee AHEC Nicholas An-Tawn Bruce Pee Dee AHEC Rashadah Ashlee Jordan Pee Dee AHEC Reghan T Timmons Pee Dee AHEC Shametrius Shantell McElveen Pee Dee AHEC Tatyana G Lance Pee Dee AHEC **Taylor Washington** Pee Dee AHEC Tiara Marie Graves Pee Dee AHEC Tiesha N James Pee Dee AHEC Tremayne Marquis Williams Pee Dee AHEC Tylishia Elizabeth Perkins Pee Dee AHEC Wanay Deswana Williams Pee Dee AHEC Ajeyah Gaskins **Upstate AHEC** Alexander J Odumakinde **Upstate AHEC** Alexis s Hollis

**Upstate AHEC** 

Region	Participant
Upstate AHEC	Allison C Bossong Angelica A Baylor Astrid Casasola Brianna Evans Casey D Davis Cornelius T Cobb Donovan Barton Eric L Mckinney Eshe Burrell Hannah L Anderson Jasmine G Lewis Jazmine Manning Jazzmine Jackson Jennifer Fernandez Kiyanna S Todd Marion W Washington Mia Fuller Miquisha Smith Miriam B Ferguson Quatosia Y Watt Taurice A Bussey Whitney Reeder William L Poole-Brown

New programs are being offered on the SCHOOLS network of videoconferencing systems across the state.
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OUTREACH LEARNING SYSTEM

#### **New Continuing Education Coordinator at Lowcountry AHEC**

Mary Ellen Holden-Musser holds a doctorate in Integrative Biology from the University of California, Berkeley, and has worked as a professional educator and education administrator for over 15 years. She has taught a variety of college biology and physical science courses, including courses geared for nursing and other health professionals at SUNY (State University of New York) and Trident Technical College. Her Lowcountry AHEC Continuing Educator Coordinator duties include conducting needs assessment with other members of the Lowcountry AHEC continuing education team; assessing, planning, implementing, and evaluating CE nursing and other health professional programs; and identifying nursing continuing education event resources to include instructors, venue sites, etc.



Mary Ellen can be reached at musserm@lcahec.com.

#### **Pee Dee AHEC Welcomes A New Face**



On June 18, 2012, Pee Dee AHEC welcomed Vickie S. Pigate, BSN, RN as their Nursing Continuing Education Coordinator. Vickie joined the Pee Dee AHEC staff from Carolinas Hospital System in Florence, SC, where she worked for 28 years in an excellent progression of roles in nursing. She received a Bachelor of Science in Nursing from the Medical University of South Carolina, where was inducted into the Sigma Theta Tau Nursing Honor Society. In 2011 she was recognized as a South Carolina Palmetto Gold recipient. Vickie is an American Heart Association Instructor for Basic, Advanced, and Pediatric Life Support.

Vickie and her husband, Steve, live in Florence, SC where she enjoys hobbies in architectural design, reading, and baking. She spends her volunteer time working with the American Dental Association's Free Clinic and is also

active with her local church. Vickie's, daughter, Hannah is also following her mother's love and passion for the nursing profession.

Vickie looks forward to sharing her many years of nursing leadership and clinical experience in coordinating relevant and timely educational opportunities.

You may reach Vickie at vpigate@mcleodhealth.org.

#### **Upstate AHEC Announces the Addition of Two New Staff Members**



Kim Durham came on board August 6th as the Financial and Human Resources Manager. Kim's experience includes 14 years as the financial manager of two non-profit organizations in the Upstate area, Foothills Alliance and WorthHouse. She has extensive experience in her two previous positions that mirror her responsibilities at Upstate AHEC. She is astute in the area of grant creation and reimbursements.

Kim is a native of Seneca, where she still resides, and she holds an associate's degree in accounting from Tri-County Technical College. She is married to Tony, and they have two children, a grown daughter, Erin, and a son, high school sophomore, Trevor. They also have two grandsons, Jalyn and Cullen. Kim is very active in her Seneca church and has made many mission trips to Romania.

Kim can be reached at kdurham@upstateahec.org.



Jennifer Walker, MSN, BSN, RN, has joined the staff as the distance learning director. Jennifer is a native of Maryland who has lived in the Greenville, SC, area for several years. She has worked as an adjunct nursing faculty member at University of South Carolina Upstate and Spartanburg Community College and served six years at Greenville Technical College as a program manager in the continuing education department. Jennifer has extensive experience in developing, teaching and marketing on-line courses. She has developed and taught on-line courses in legal aspects and medication remediation for the SC Board of Nursing. Her online refresher courses for RNs and LPNs have been adopted by boards of nursing in Florida and Georgia, as well as SC. The refresher courses have also been endorsed by the Virginia Board of Nursing and are offered through Old Dominion University.

Jennifer holds a bachelor of nursing from the University of North Carolina at Charlotte and a master's degree in nursing, with an emphasis in adult health, from Clemson University. She is a clinical nurse specialist in gerontology. In 2004, Jennifer was nominated for and won the David R. Pierce Faculty Technology Award from the American Association of Community Colleges for her creative use of technology in the classroom, leadership in technology, and inspiration to students. She is married to Drew, and they are the parents of Blake, 11, and Emily, 9.

Jennifer can be reached at jwalker@upstateahec.org.



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#### **CALL FOR ARTICLES:**

The editorial staff of "South Carolina AHEConnects" welcomes the submission of articles, success stories and upcoming events for the Winter Edition.

Please forward information, articles and photos to Jessica Huggins at <a href="mailto:hugginjr@musc.edu">hugginjr@musc.edu</a>. The deadline for submissions is December 3, 2012.

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